

GIRL/ADULT PACKING LIST

This is not a shopping list! Borrow when you can. If you cannot carry all your own gear, you may have packed too much. Parents – have your scout do her own packing so she knows where to find her items when she gets to camp. It's OK to include a small sleep object. Many items such as personal care items or wet/dirty clothes can be packed in plastic bags. It is a good idea to pack the sleeping equipment in a heavy duty trash bag or other weatherproof bag in case of rain.

PAPERWORK

- _____ Signed Single Activity Permission Form
- _____ Other Forms as needed (as specified by troop)

CLOTHING

- _____ Backpack or Duffel bag containing:
- _____ Long Pants
- _____ Shorts, if applicable
- _____ Short sleeved shirts
- _____ Sweater/Sweatshirt/Hoodie
- _____ Underwear
- _____ Pajamas
- _____ Socks (pack extras)
- _____ Extra shoes
- _____ Cabin shoes or slippers
- _____ Seasonally appropriate Jacket/Coat/Hat/Gloves
- _____ Poncho/raincoat/large trash bag
- _____ Boots or plastic bags to line shoes
- _____ Bandana (optional)
- _____ Hat or ball cap (optional)

SLEEPING EQUIPMENT

- _____ Sleeping bag
- _____ Twin fitted sheet to cover mattress
- _____ Extra blanket, if needed
- _____ Pillow
- _____ Ground Cloth/tarp, if sleeping outside
- _____ Mosquito netting (Optional)

PERSONAL CARE ITEMS

- _____ Soap/Shampoo (Unscented)
- _____ Hand Towel/Bath Towel
- _____ Toothbrush & Toothpaste
- _____ Comb/brush/ponytail holders, etc.
- _____ Deodorant (Unscented)
- _____ Feminine hygiene products
- _____ Sunglasses
- _____ Water bottle
- _____ Lip Balm
- _____ Non aerosol sunscreen
- _____ Non aerosol bug spray
- _____ Tissue
- _____ Hand Sanitizer (Unscented)
- _____ Personal First Aid Kit
- _____ Flashlight with new batteries

OTHER EQUIPMENT

- _____ Plastic bags for dirty clothing/shoes
- _____ Camera
- _____ Phone Chargers
- _____ Stuffed Animals, Lovies
- _____ Books, games, busy items

EATING EQUIPMENT

- _____ Mess Kit or plastic plate, bowl and cup
- _____ Utensils (knife, fork, spoon) can be plastic
- _____ Dunk Bag/ Mesh Bag

All medication MUST be in its original container(s) and can only be given to the girl if written permission and mediation are given to the First Aider attending the campout.